## OCTOBER SIBSESSION

Saturday, October 20, 2018 Time: 11:00 a.m. – 2 p.m.

Barber National Institute - Cafeteria 100 Barber Place Erie, PA (Enter through gated parking lot on East 3<sup>rd</sup> Street)

## Come join us for our HALLOWEEN SIBS !

Enjoy swimming, lunch, crafts, play games and informal sharing time.

Reservations must be made by October 19, 2018, by calling Diane in Family Support Services at 878-5961. If you have any further questions, contact Samantha Gaton 878-4117.

"Sib-Sessions" is a series of nine support group meetings for persons ages 5 to their 16<sup>th</sup> birthday who have a brother or sister with an intellectual disability.

Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and the development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time along with swimming as scheduled. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.

"Sponsored in part by the Erie County Dept. of Human Services"

